

### Format

- You must submit your write-up in the form of an Autobiography.
- Do not give theory or description/definitions of the concepts.
- Make the report as creative as you wish (you may include photographs, quotations, poems etc.)
- Give your scores in a tabular form when analyzing them with the group averages and range.

### Assessment

- You will be evaluated:
  - on your ability to draw linkages between your individual scores on the different instruments administered and the concepts
  - on in-depth analysis of your scores with examples from your life to substantiate your analysis
  - on the conclusions and recommendations for self
  - on your creativity
  - on the mechanics- grammar, vocabulary and spellings

### Detailed Assessment Pattern

PARAMETERS	MARKS
Linkage between individual scores and concepts.	15
Analysis & interpretation of scores with personal examples	20
Linkages drawn across different sets of scores	5
Conclusions and suggestions for improvement	3
Creativity in preparing the report	5
Mechanics: Grammar & Spellings; Formatting	2

Report to be submitted in Soft Copy Only, on the LMS.

### Weightage: 18%

As a part of your OB course, you will be using certain 'Instruments' to help you understand yourselves better. These 'Instruments' will provide you with some knowledge about your personality characteristics, which in time to come will also have an impact on your work life. Once all the instruments have been administered to you and you have your individual data, you will be required to submit an 'AUTOBIOGRAPHY - SELF ANALYSIS REPORT'.

Using your scores on the following questionnaires, prepare an AUTOBIOGRAPHY - SELF-ANALYSIS REPORT.

#### Questionnaires

1. Big five personality traits
2. FIRO - B
3. How lonely are you?
4. Type your behavior.
5. Self-rating anxiety scale.
6. Locus of control.
7. Anger - S.
8. Anger - T.
9. Motivational orientation questionnaire.

#### The report should include:

- ◆ Personal background.
- ◆ Take each score and try and relate it to self.
- ◆ Provide reasons for a very high or very low score on a particular characteristic. (If possible try and establish a cause-effect relationship between the score and some personal life experiences)
- ◆ Do you consider your scores a strength or weakness?
- ◆ How would you improve your scores?
- ◆ Conclusions & Experience working on this project.

You must discuss the report with me during the 'office hours' once you start working on it if you have any queries.

These reports will be kept highly confidential and no attempt will be made to pass judgment on the individual. The sole purpose is to help you introspect and develop a better understanding of yourself. The objective is also to evaluate how well and to what degree you can interpret your scores based on what they try to measure.