

In my essay, I would talk about the Teamwork. When I hear the word “TEAMWORK” what comes to my mind is the interactions we all will have during the community project, the activities and enjoyment that will happen in the group where the members are working towards a common goal and most importantly a team grows when they work together sincerely with a dedicated heart. Belbin and Brown (2022b) note the principles of leadership and the skill of developing strong teams, moreover, explaining the techniques for successfully communicating strengths and rectifying conflicts (pg.91)

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From the day our tutor divided us up into groups for our community group project. We knew we could bring about far more as a team than we can do as individuals. Haas, (2024) the author explains the important skills that a team should have to attain success and he also mentions some negative traits that a team should avoid, because the negative traits the author mentioned might influence the team members mentally, and physically and also affect the way they communicate, and the author says he has eight kinds of thoughts which help him to solve the problems tactically which helps to make perfect decisions at the proper time without any delay, and he says that successful teamwork arises when the team members listen to one another carefully and actively to one another, where they respect each other's opinion. This is the time when teamwork begins successfully and begins to work progressively.

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I and my fellow team members have always worked hard and made sincere efforts to respect and value each other's opinions. We had no idea where and how to start, but our team leader stood bravely and took the initiative and assigned roles and duties based on our skills and individual abilities. We have always admired our team leader for the way she is and how the way she guided the group. Sinek (2014) explains being a leader doesn't mean that everything is in our control, it involves taking care and guiding all those who work under you (pg 103). Not only that when all of our team members gave their all the work became extremely easy and valuable, because when we all were working together, but we also didn't feel the weight of the tasks that were assigned to us since everyone in our team was cooperative. The days passed we all had a common and strong solid vision for our teamwork. We all came together with a single and important intention in mind that we would succeed in our project we kept that motto to prevent ourselves from falling back. Contributing our whole self toward it and giving our time to be successful for our community project to make ourselves proud, we always used to resolve every issue through critical thinking and we always used to understand our team member's circumstances. We all paid close attention to every team member's opinion, accepting and appreciating their varied points of view.

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Our team leader divided up the work and assigned roles to the five of us in total, along with another team member, collected data and researched our suburb, while our team leader made the presentation. and the last team member was tasked with gathering pictures. ~~We all went to our assigned suburb and started our mission and started from scratch and started knowing more about the suburb together.~~ We had faith in each other's prowess, morality, and loyalty. Because we believed that each member would respect the work that they did, well as that we all knew our capabilities and weaknesses and placed ourselves in roles that supported one another, this trust allowed us to hand down tasks without fear. Not only that Tabassi et al. (2024) explains the relationship between teamwork, sincerity for work, leadership, critical thinking, and conflict management in workplaces. He says that team leaders who

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value leadership, and maintain friendship among the team members, have good skills in maintaining strong connections, and, have effective communication, tend to embrace teamwork and try their best to avoid conflicts. This method is greatly associated with making great differences in conflict management and teamwork since it gives great importance to harmony and prevents unnecessary fights. <sup>2.1</sup>

There were many <sup>2.2</sup> difficulties that we had to overcome, One of the biggest challenges I encountered was communication, which I believe was a tremendous disadvantage. <sup>2.3</sup> Communication was a big obstacle for me because I couldn't get my doubts answered. However, I overcame it because <sup>2.4</sup> communication is the most crucial aspect of a nursing career because it allows us to solve problems and get past obstacles with our colleagues and even with professionals in our future career, As Clouston et al. (2018) note communication is really important health and social care practice and working in hospital settings need hard work and teamwork and even in challenging environments we must maintain the level of quality care and the Importance of communication in establishing strong relationships with patients, clients, and coworkers (p. 57). Moreover so when it comes to my profession, there might be situations where, residents are not able to talk or residents who are from other parts of the country, who are not able to communicate in English, I have to establish my communication skills <sup>2.5</sup> by showing sign language and keep signboards written in their language so they understand, how I as a nurse will assist them with their medication and address their concerns by my efficient communication Additionally, from my workplace, I understood clearly, that communication becomes mainly important between the nurse and the caregivers, where we have to communicate in order to boost our trust and harmony because in reality more than a nurse a caregiver knows the favorites of their residents, what they need and at what time, so that we can provide, proper care plan for the residents, and when it comes to assessing the pain of a patient, explaining every medical procedure to the patients and giving clear updates to residents Family about the health <sup>2.6</sup> communication is really important. "Wherever in your journey, I hope you, too, will keep encountering challenges. It is a blessing to be able to survive them, to be able to keep putting one foot in front of the other—to be in a position to make the climb up life's mountain, knowing that the summit still lies ahead. And every experience is a valuable teacher (Winfrey, 2014,p.43).

As a nursing student, I benefited much from the group community project in many ways, including the identification of health needs, the necessities the people needed, gaps, and imbalances through community assessments. Han et al. (2023) describe mainly problem-solving skills and how Teamwork plays an important role in enhancing team satisfaction and performance and how it can positively impact the overall outcome. Developing problem-solving abilities one of the best skills we can conquer, and it's the one I've mastered through my community project since it was one of the aspects that we all lacked <sup>2.7</sup> but then we improved ourselves through hard work and dedication. The finest part is that, in addition to medical diagnostics, we can now grasp holistically. Finally, but just as importantly, I can say that our community project is not a means to an end but rather it is a stepping stone in our nursing careers, our teamwork has been informative as each of us has combined our diverse skills and perspectives to create something meaningful. Additionally, each of us enhanced

personal growth as we honed our problem-solving skills. Since Ge (2021) describes how emotions affect problem-solving skills, he says if someone is willing to study, they will learn however, they must study or complete their task with confidence and passion, which improves the results.

## REFERENCE LIST

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8. Sinek, S. (2014). *Leaders eat last: Why Some Teams Pull Together and Others Don't*. Penguin UK.

# Index of comments

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- 1.1 Student ID needed
- 1.2 No need for capital letters here
- 1.3 This is a good attempt at an introduction but it is not clear what you are discussing
- 1.4 Please review your paragraph layout
- 1.5 why?
- 1.6 where does your reference end?
- 1.7 who is him?
- 1.8 him?
- 1.9 This discussion is unclear
- 1.10 good- why?
- 1.11 good
- 1.12 Reference
- 1.13 References needed
- 1.14 Reference needed
- 1.15 did your group like your leader assigning your roles or would you have preferred to choose your own?
- 1.16 why did you have faith - what lead you to believe that each member would respect eachothers work?
- 1.17 this reference is not clear
  
- 2.1 this discussion is not quite linked to your topic identified
- 2.2 d
- 2.3 good identification of a challenge
- 2.4 Reference why this is a disadvantage
- 2.5 why did you struggle with this? More insight needed
- 2.6 this discussion is not linked?
- 2.7 you have not discussed this previously?