DRUG AWARENESS



SHORT-TERM ILL EFFECTS

- LOSS OF APPETITE AND WEIGHT LOSS IMPAIRED JUDGMENT AND DECISION-MAKING
- MOOD SWINGS AND EMOTIONAL INSTABILITY
- MEMORY AND COGNITIVE PROBLEMS INCREASED HEART RATE AND BLOOD PRESSURE
- INSOMNIA OR DISRUPTED SLEEP PATTERNS

BE EDUCATED ON THE CAUSES & EFFECTS OF DRUG ADDICTION

LONG-TERM ILL EFFECTS

- SEVERE DAMAGE TO VITAL ORGANS, INCLUDING THE BRAIN, HEART, AND LIVER, CHRONIC RESPIRATORY ISSUES
- MENTAL HEALTH DISORDERS, SUCH AS DEPRESSION, ANXIETY, AND PSYCHOSIS WEAKENED IMMUNE SYSTEM
- INCREASED RISK OF INFECTIOUS DISEASES (E.G., HIV, HEPATITIS)
- RELATIONSHIP PROBLEMS AND SOCIAL ISOLATION