MCATBros Mock Medical School Application for AMCAS Applicants

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Introduction

Please fill this out for your records throughout your journey and/or before the application opens so you can have everything organized for when you decide to apply for medical school. Please also feel free to share this tracker with your mentor, pre-med advisor (if they're willing to accept it and/or you trust them with it), with us (mcatbros@gmail.com) if you would like, and with yourself as well.

The goal should be to have this completely finalized by March of your application year (which is a bit over one year before you plan to matriculate into medical school). This goal allows you to spend a few months gaining feedback and perfect everything from various sources. It also allows you to meet your pre-health committee's deadline (which will require much of what this document contains if you have one) and provide information to your letter writers before writing your letter. To help you accomplish this goal, the optimal goal should be to take the MCAT by January of the year you apply (obviously, later is okay, but this is OPTIMAL to plan for even though you may hear otherwise from other places).

MCATBROS Mission & Purpose of this Document: MCATBROS' mission is to make the premedical & MCAT journey more productive with information and guidance and allow students to achieve their goals. We believe this centralized mock application system & premedical tracker will enable students to do just that.

We created this document to allow students to begin working on critical components of their application before they officially open. This document outlines general guidelines and descriptions, and character limits for the many essays you will have to write for your medical school application with the information sourced from that particular application system company. Over time we will be adding more tips and advice to this document to help you along with your premedical journey. We believe in "DOING" rather than "reading about doing," and as a result, we think the exercise of trying to fill this out will illuminate your application piece by piece and allow you to seek guidance (if/when you need it).

Please make a copy to edit it yourself AND keep this bookmarked to see future changes.

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OUR MOCK APPLICATIONS ARE AVAILABLE FOR FREE, BUT WE DO NOT WANT TO DISTRIBUTE THEM BECAUSE WE DO MAKE UPDATES TO THEM. You can find the most up-to-date version on our website, <u>MCATBros.com</u>. You can direct your friends to download a copy here.

For other valuable MCAT and medical school-related resources and tools, check out our Free Resources page on our website MCATBros.com. Here you can find easy access to resources such as our famous 300-page Psychology and Sociology Content Review Notes!

Here is a link to get help on the parts of AMCAS:

https://students-residents.aamc.org/how-apply-medical-school-amcas/how-apply-medical-school-a

Please fill out this Form to Receive This Document and stay updated on our FREE MCAT & Application Advice:

https://docs.google.com/forms/d/e/1FAIpQLScR1XR5S_k5Y_DVzX5mbJ8NJ80nF-7nIN1oCb9n_u9HrKzLlJw/viewform (Signing up means you will be the first to know about a cool feature we are going to be releasing soon!). You can also ask students to DM us @mcatbros to receive this planner.

Have questions? Did you know you can get FREE help on our Facebook group:

www.facebook.com/groups/mcatbros regarding any aspect of your pre-med journey or DM us at

@mcatbros for our Pre Med advising team (FREE)! We also have subsection groups at:

www.mcatbros.com/telegram

AMCAS Submission and Deadlines

Each medical school determines its AMCAS application deadline, as well as the date by which AMCAS must receive official transcripts. Be sure to have all your official transcripts sent to AMCAS in a timely manner to avoid processing delays and missed deadlines. Your AMCAS application may be submitted before or after AMCAS receives your official transcripts and letters of evaluation. AMCAS may be submitted late May, a year before you wish to start medical school at earliest. The earlier you can submit a completed strong application the better, as many schools participate in rolling admissions.

Keep in mind:

- Once you submit your application, your ability to edit it or make changes is very limited. You
 cannot make edits to any of your essays.
 - Once your application is submitted and all your official transcripts are received, your application will be ready for verification and will enter the verification queue.
- Your verified application will include your AMCAS GPAs, which you will be able to find on your printable application.
- Letters of evaluation that AMCAS receives on your behalf will be distributed to your designated medical schools as they are received.

• You may submit your application before your letters of evaluation arrive at AMCAS. Letters are not required for AMCAS to verify your application. You can also submit them after.

To meet a school's AMCAS deadline, your application must be submitted by 11:59 p.m. ET on the deadline date.

During peak season, AMCAS verification may take up to six weeks. Once you have submitted your application and AMCAS has received all your required transcript(s), your application will be listed as Ready for Review. At this stage, your application is in the verification queue. When your application status is Under Review, AMCAS determines if there are any missing or incorrect items that may prevent verification processing. If omissions or errors cannot be resolved, AMCAS will return your application.

The most common reasons for a returned application include:

- Failure to include original grades and credit hours for repeated courses.
 - Failure to list 10 or more courses that appear on an official transcript.
- Failure to list 10 or more credits as they appear on your official transcript(s).
- Failure to list 10 or more grades as they appear on your official transcript(s).
 - Failure to list coursework in chronological order.

Previous Matriculation

If you were previously enrolled as a candidate for a US-MD school, you have 1,325 characters to briefly explain your previous matriculation. You must include the name of the school to which you previously matriculated, the degree you sought, and why you are reapplying to medical school at this time.

Previous Matriculation Statement (1325 characters, including spaces)		

Institutional Action

If you were ever the recipient of any institutional action by any college or medical school for unacceptable academic performance or conduct violation, you must answer Yes to the question about institutional action, even if such action did not interrupt your enrollment or require you to withdraw. Furthermore, select Yes even if the action does not appear on, or has been deleted or expunged from, your official transcripts as a consequence of institutional policy or personal petition. Examples of institutional actions include, but are not limited to, academic probation, academic standing warnings, suspension, residence hall policy violations, and ethics policy

violations. Failure to provide an accurate answer to the question about institutional action or, if applicable, failure to complete the form provided by the school will result in an investigation. The AMCAS program will report institutional actions listed on your transcript, regardless of whether you report them on your application. Medical schools require you to answer the question accurately and provide all relevant information. Medical schools understand that many individuals learn from the past and emerge stronger as a result. Full disclosure will enable medical schools to evaluate the information more effectively within the context of your application. If you become the subject of an institutional action after certifying and submitting the AMCAS application, you are required to inform your designated medical school(s) within 10 business days of the date of the occurrence.

Have you ever received an Institutional action? If yes, write 1325 characters explaining your institutional action.

Institutional Action Statement (1325 characters, including spaces)
Military Discharge
Have you attended the military? If yes, AND you were NOT honorably discharged - you must explain in 1,325 characters the circumstances of your discharge, including the circumstances leading to your discharge, your period of service, and your rank at the time of discharge.
Military Discharge Statement (1325 characters, including spaces)

Felony

You must indicate whether you have ever been convicted of, or pleaded guilty or no contest to, a felony crime, excluding (1) any offense for which you were adjudicated as a juvenile and (2) convictions that have been expunged or sealed by a court (in states where applicable). You must disclose your felony conviction even if you have a pending petition for expungement before the court on the date you submit your AMCAS application.

You need not disclose any instance in which you were: • Arrested but not charged. • Arrested and charged, with the charges pending. • Arrested and charged, with the charges dropped. • Arrested and charged but found not guilty by a judge or jury. • Arrested and found guilty by a judge or jury, with the conviction overturned on appeal. • Arrested and found guilty but received an executive pardon

More info: https://students-residents.aamc.org/media/11616/download?attachment

Have you been convicted of a felony? If you answer Yes, you will have 1,325 characters to explain the circumstances of your conviction, including the number of conviction(s), the nature of the offense(s) leading to conviction(s), the date(s) and location(s) of conviction(s), the sentence(s) imposed, and the type(s) of rehabilitation.

Felony Statement (1325 characters, including spaces)	
Disadvantaged Statement	
Are you disadvantaged? If Yes, 1325 characters to explain why you are a disadvantaged applicant. You might consider yourself disadvantaged if you grew up in an area that was medically underserved or had insufficient access to social, economic, and educational opportunities	
Disadvantaged Status Statement (1325 characters, including spaces)	

Work and Activities Section

The Work/Activities section of the application is designed to allow you to highlight your work experience, extracurricular activities, awards, honors, or publications that you like to bring to the attention of the medical schools to which you are applying.

You may enter a maximum of 15 experiences, and you may enter 4 different date ranges for recurring experiences.

Work and activities will appear on your application in chronological order and may not be rearranged. However, please be aware that medical schools sort your entries and view them in a variety of different orders to suit their specific review processes. Medical schools receive your Work/Activities descriptions as plain text. Therefore, formatting options such as bulleted lists, indented paragraphs, and bold/italic fonts do not appear for reviewers and are not available.

Experience Name:	Enter the name of the experience or the title you held during the experience. If the experience has no explicit name, select a name that you feel best describes the experience.
Experience Type:	There will be a drop down list to select from. Pick the Experience Type that best represents the experience you wish to include. Categories are as follows: Artistic Endeavors Community Service/Volunteer – Medical/Clinical Community Service/Volunteer – Not Medical/Clinical Conferences Attended Extracurricular Activities Hobbies Honors/Awards/Recognitions Intercollegiate Athletics Leadership – Not Listed Elsewhere Military Service Other Paid Employment – Medical/Clinical Paid Employment – Not Medical/Clinical Physician Shadowing/Clinical Observation Presentations/Posters Publications Research/Lab Teaching/Tutoring/Teaching Assistant
Organization Name:	Enter the name of the organization where the experience occurred.
City/State/Country:	Select the country and state/province where the experience occurred, in addition to entering the name of the city in which the organization is located or where most of your time was spent during the experience.
Contact Person Name & Title:	Enter the information (title and first and last names) for a person whom medical schools may contact to verify that the experience occurred. For example, you may enter your supervisor or the individual in charge of a particular program. If the experience was a

	student-organized group and there is no advisor, you may list a staff member in the Student Affairs/Activities Office who can verify your experience
Contact Person Phone and Email:	You are required to provide a phone number and/or email address for the contact person. If a contact is not known, you may enter the name of a person who can verify your participation, including yourself
Start and End Date(s) (can add multiple as needed, upto 4 date ranges):	Include the start and end dates for each experience. Some Experience Types, such as Awards, Presentations/Posters, and Publications, require only one date. Given that medical schools want information about experiences that began before application submission, your start date must be the current month or earlier. Similarly, medical schools require the experience end date to coincide with the start of medical school; therefore, the latest end date is August of the current application cycle.
Total Hours (List total hours per date):	Enter the total number of hours that you completed (or expect to complete) for the experience during the date range you indicated. If you have a nontraditional schedule, use the Experience Description field for any explanation.
	If you participated in an experience more than once, select Yes under the Repeated field for that particular entry. You may enter up to three additional date ranges; you must include the number of hours completed for each of those date ranges.
	You may enter zero (0) hours for publications for Honors/Awards/Recognitions entries. Use the description to provide more information about the nature of the award or the number of times you earned it.
Most Meaningful Activity (Yes/No):	You may identify up to three experiences that you consider to be the most meaningful. This designation will allow you an additional 1,325 characters to explain why the experience(s) was particularly meaningful to you.

Most Meaningful Experience Summary When writing your summary, you may want to consider the transformative nature of the experience, the impact you made while engaging in the activity, and the personal growth you experienced as a result of your participation. If you have two or more experience entries, you will be required to identify at least one as the more or most meaningful.
You may change which experience(s) you designate as Most Meaningful until the initial submission of your application. The text you entered in the Experience Summary section will be lost if you remove an experience from those you have designated as Most Meaningful. Your Most Meaningful selection(s) will be designated as such by a checkmark in the Work/Activities main screen.

Experience #1:

Experience Name:	
Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	

Experience Description (700 characters, including spaces):

Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):	
Experience #2:	
Experience Name:	
Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	
Experience Description (700 characters, including spaces):	
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters including spaces):	
Experience #3:	
Experience Name:	

Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	
Experience Description (700 characters, including spaces):	
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters,, including spaces):	
Experience #4:	
Experience Name:	
Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as	

needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	
Experience Description (700 characters, including spaces):	
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):	
Experience #5:	
Experience Name:	
Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	
Experience Description (700 characters, including spaces):	

Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):		
Experience #6:		
Experience Name:		
Experience Type:		
Organization Name:		
City/State/Country:		
Contact Person Name & Title:		
Contact Person Phone and Email:		
Start and End Date(s) (can add multiple as needed):		
Total Hours (List total hours per date):		
Most Meaningful Activity (Yes/No):		
Experience Description (700 characters, including spaces):		
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):		
Experience #7:		
Experience Name:		

Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as needed):	
Total Hours (List total hours per date):	
Most Meaningful Activity (Yes/No):	
Experience Description (700 characters, including spaces):	
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):	
Experience #8:	
Experience Name:	
Experience Type:	
Organization Name:	
City/State/Country:	
Contact Person Name & Title:	
Contact Person Phone and Email:	
Start and End Date(s) (can add multiple as	

needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			
Experie	nce #9:		
Experience Name:			
Experience Type:			
Experience Type.			
Organization Name:			
Organization Name:			
Organization Name: City/State/Country:			
Organization Name: City/State/Country: Contact Person Name & Title:			
Organization Name: City/State/Country: Contact Person Name & Title: Contact Person Phone and Email: Start and End Date(s) (can add multiple as			
Organization Name: City/State/Country: Contact Person Name & Title: Contact Person Phone and Email: Start and End Date(s) (can add multiple as needed):			
Organization Name: City/State/Country: Contact Person Name & Title: Contact Person Phone and Email: Start and End Date(s) (can add multiple as needed): Total Hours (List total hours per date):	characters, including spaces):		

Most Meaningful Description (only needed if you designated "Yes" for most meaningful

description (1,325 characters, including spaces):			
Experience #10:			
Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			
Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			

Experience #11:

Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			
Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters): Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			
Experience #12:			
Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			

Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			
Experience #13:			
Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			
Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			

Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			
Experience #14:			
Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			
Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			

Experience #15:

Experience Name:			
Experience Type:			
Organization Name:			
City/State/Country:			
Contact Person Name & Title:			
Contact Person Phone and Email:			
Start and End Date(s) (can add multiple as needed):			
Total Hours (List total hours per date):			
Most Meaningful Activity (Yes/No):			
Experience Description (700 characters, including spaces):			
Most Meaningful Description (only needed if you designated "Yes" for most meaningful description (1,325 characters, including spaces):			

Personal Comments Essay

You are required to submit an essay In the Personal Comments Essay section.

If you are applying to a MD-PhD program you are required to submit 2 additional essays: the MD-PhD essay and the Significant Research Experience Essay. Use the MD-PhD Essay to state your reasons for pursuing the combined MD-PhD degree. Your response will be forwarded only to your designated MD-PhD program(s). You will also be asked to enter your total hours of research experience. For the Significant Research Experience essay you are asked to specify your research supervisor's name and affiliation, the duration of the experience, the nature of the problem studied, and your contributions to the research effort.

Consider and write your Personal Comments Essay carefully; many admissions committees place significant weight on the essay. Here are some questions that you may want to consider while writing the essay:

- · Why have you selected the field of medicine?
- What motivates you to learn more about medicine?
- What do you want medical schools to know about you that has not been disclosed in other sections of the application?

In addition, you may wish to include information such as:

- Unique hardships, challenges, or obstacles that may have influenced your educational pursuits.
- Comments on significant fluctuations in your academic record that are not explained elsewhere in your application.

Personal Statement (5,300characters, including spaces):			
MD-PhD essay (3,000 characters, including spaces):			
(MD-PhD Essay #2) Significant Research Experience Essay (10,000 characters, including spaces):			

Letters of Evaluation

The Letters of Evaluation section allows you to indicate who will be writing letters on your behalf. A letter of evaluation is a letter, written by a recommender that assesses your qualities, characteristics, and capabilities. Most medical schools allow AMCAS to accept, collect, and transmit letters of evaluation for their applicants. This service enables medical schools to receive all letters electronically with your AMCAS application and permits letter authors to send all letters to AMCAS rather than to each school.

Letters are not required to submit, or for AMCAS to verify, your application. You may submit your application before your letters of evaluation arrive at AMCAS.

You may have up to 10 letter entries associated with your AMCAS application. The number is intended to enable you and your letter authors to target specific letters to specific schools, if you wish to do so. However, the 10-letter total does not suggest that any one school wishes to receive 10 letters.

If your advising office or career center is forwarding your letters, please consult with the office/center before entering your letter information in order to avoid complications. Please review the Medical School Admission Requirements (MSAR) for additional letter details for each MD-granting school.

Types of Letters:

Each letter type is considered one letter entry, regardless of the actual number of letters it contains.

- Committee Letter: A letter authored by a prehealth committee or pre-health advisor and intended to represent your institution's evaluation of you. A Committee Letter may or may not include additional letters written in support of your application. The Committee Letter is sometimes called a Composite Letter.
- 2. <u>Letter Packet</u>: A packet or set of letters assembled and distributed by your institution, often by the institution's career center. A Letter Packet may include a cover sheet from your prehealth committee or advisor; however, in contrast to a Committee Letter, a Letter Packet does not include an evaluative letter from your prehealth committee or advisor.
- 3. <u>Individual Letter</u>: A letter written by, and representing, a single letter author. If you have already included an Individual Letter within either a Committee Letter or Letter Packet, you do not need to add a separate entry for that letter.

Type of Letter (Committee, Letter Packet, Individual Letter)	Name of Letter Writer	Date of Letter Request	Status of Letter (Completed, In Progress, Request not sent)	Marked as Received on AMCAS?
1.				
2.				
3.				
4.				

5.		
6.		
7.		
8.		
9.		
10.		