

<b>Module Title</b>	Care Support	<b>Module Code</b>	5N0758
<b>Assessment Technique</b>	Assignment	<b>Weighting</b>	30%

**You are required to write a comprehensive discussion on the planning, implementation and evaluation of a practical activity within the care setting. The activity can be an indoor or outdoor social activity.**

- Effective planning of the activity (10%)
- Comprehensive description of how the activity was carried out (10%)
- Critical evaluation of the impact of the activity (10%)

**Instructions:** For your assignment you can:

1. Choose one of the case studies profiles below to complete the assignment and follow the guidelines provided to complete same. The below case studies are a brief overview of a client and you are free to interpret and expand upon the client history, background if you wish.

*OR*

2. Complete the assessment on a service user you have cared for during work placement or family member relative you have cared for in the home, whereby you have been involved in assisting them with a recreational / therapeutic activity.

### **Case Study One**

Mr James Brown a 75-year-old was admitted into the nursing home in January 2020. Previous to this Mr Brown was in St Vincent's hospital following a stroke where he spent six months. Following the stroke Mr Brown now uses a rollator. He has no difficulties transferring himself and needs no assistance. He is partially paralysed on the left side of his body, and sometimes his speech is a little slurred. Mr Browns wife and son visit every few days. Prior to his retirement Mr Brown worked in Dublin Dockyards and had a keen interest in swimming, hill walking and crossword puzzles.

### **Case Study Two**

Mrs Alice Jones is 81 years old and was admitted to the residential home in 2019 from her home where she lived with her husband. Unfortunately, Alice's care needs could not be met at home due to her dementia. Alice was diagnosed with dementia in 2016, she is forgetful and has a history of wandering and this increases her vulnerability. This cognitive decline also impacts on her physical and social ability as she requires support to maintain her daily activities of living. This includes personal care, nutrition, safety, mobility and guidance.

### **Case Study Three**

Mary Walsh is 74 years of age, she is a widow of ten years, she has one daughter and one son, her son resides in Australia. Mary is currently residing in a nursing home and she has been diagnosed with dementia and is in the early stages. As an effect, Mary suffers from short term memory loss. Mary also has restricted mobility as a result of a fall two years ago and suffered a fractured hip. Mary's physical ability all though restricted is quite good. Mary uses a rollator for short to medium distance and a wheelchair for long distance or when going out, she has full mobility with her upper body and regularly attends physiotherapy.

### **Case Study Four**

Annie Smith is an 84-year-old lady who still very much enjoys the activities of daily living. Annie has cognitive impairment and mobilises with the aid of a rollator; she also has arthritis and wears a hearing aid in her right ear. Annie has a regular diet and fluids and has a good appetite. Annie takes a lot of pride in her appearance and likes to wear nice clothes and to have her hair done. Annie is a widow; she has no children but has led a very full and active life and was very engaged in social activities throughout her life. Annie lived on her own for several years upon the death of her husband and attended a day centre which she enjoyed greatly. It was noticed by the staff in the day centre and her home care team that Annie was becoming more forgetful and confused and was leaving her home and forgetting how to return. The difficulty in maintaining her safety in the home was one of the main reasons that Annie entered the nursing home.

## Important Information

**Word Count:** 1500-2000 words (+/- 10%)

**Please note:** if you do go over your word count deduction will be at tutor discretion, based on the relevance of the information submitted. The below is not included in your word count:

- Content's page -- required
- Bibliography/reference list - required
- Appendices. -- optional

**Your work must also protect the anonymity of the client and organisation, thus all names must be changed. This must be stated clearly in your work.**

In this assignment you must demonstrate your ability to research the topic independently. Please ensure to use relevant research and sources of information and provide a bibliography as per Harvard Style.

**In the completion of this assignment, you may gather your material from a variety of resources which may include the following:**

- The Internet----- reliable sources only. It is preferable to use Irish / UK based websites.
- Healthcare Literature/Journals
- Books
- Course Material

**For final presentation of your work please ensure:**

- Accuracy of information supplied.
- You have referenced throughout, demonstrating where you have sourced everything you have written.
- Written in correct context -- third person.
- Quality of Presentation
- Grammatical correctness and proper spelling
- Professional vocational language is used.
- Referencing as per Harvard style.

**Please note failure to adhere to the above, may result in deduction of marks.**

## **Guidelines**

Please structure your Assignment as below and follow instructions given under each of the headings. Assignment **must be written in third person** and supported with relevant references.

### **Introduction:**

- Introduce the activity/outing you the writer are going to discuss.
- Provide an overview of the Nursing Process and why it is used within care.
- Outline the aims of the assignment.

### **Planning:** In this section discuss the following,

- Overview of client/clients.
- Assessment of client/clients' needs in relation to their activities of daily living, with reference made to clients care plan.
- Level of dependence/independence and its impact on client and HCW.
- Consultation with the client and respect for the client decisions, outlining the importance of autonomy and involvement.
- Illustrate effective communication with supervisor/team members in planning activity and gain permission from supervisor.
- Equipment required to allow the client/clients to participate in the activity.
- Organisation of appropriate transport and/or staff (if appropriate).
- Time of activity.
- Ensure that the place you intend to visit etc. is appropriate.
  - [i.e. does it have wheelchair toilets? are there steep stairs]

### **Client Care:** In this section discuss the following,

- Safe practice in the use of equipment/material during activity.
- Communication skills, both verbal and non-verbal, with the patient and other staff as appropriate during activity.
- How a safe environment was maintained during activity.
- Good observation skills regarding the needs of the client during activity.
- How client independence was promoted during activity.
- How clients' dignity was maintained during activity.

- Outline how you reported on activity and how client confidentiality was maintained.

**Evaluation & Reflection:** In this section discuss the following,

- Seek feedback from the client on the activity.
- What was positive and negative from the clients' perspective?
- What went well and what did not go well from the writers' perspective, how does activity impact on Activities of living and clients' needs.
- Provide recommendations on how client care could enhance.
- Critique the nursing process relevance to client care.

***PLEASE ENSURE TO CLEARLY REFERENCE ALL INFORMATION SOURCED IN YOUR WORK WITH EVIDENCE OF IN-TEXT REFERENCING AND SUPPORTING BIBLIOGRAPHY. TO ENSURE THAT THE CORRECT REFERENCING FORMAT IS APPLIED LEARNERS SHOULD REFER TO THE ADDITIONAL GUIDELINES ON REFERENCING DOC.***

***PENALTIES WILL BE APPLICABLE (REF MOST UP TO DATE VERSION OF THE PLAGARISIM POLICY) TO THOSE ASSESSMENTS THAT DO NOT CONSIDER THESE REFERENCING GUIDELINES.***

***Any results issued are provisional and subject to confirmation from the QAI External Authenticator.***