Subject – Research Methods

Reflection - Method and Methodologies

1. Briefly describe your research problem and research question(s)
(5%)
2. Describe and justify (35%)
- the method/s and methodology you have chosen and why
they are appropriate to address your research problem
- the data collection tools you have proposed and why they
are appropriate
- how you will analyse the data
- include a visual representation (e.g. flowchart) of your
study design
- explain the ethical considerations associated with the
conduct of your proposed research plan and how they have
been addressed in your study design
3. Critically reflect on how your methodology, methods, tools and/or
ethical considerations have been informed by two learning
experiences and/or your personal, social and cultural context (30
%)
4. Write a concluding summary (15%)
5. Include at least five (5) academic references using Harvard or APA
referencing that support your choice of methodology/methods for
your topic and population (5%).
6. Use of professional language (grammar, spelling, punctuation),
structure provided, and language that is appropriate to the problem
(10%)

Research Topic – **Importance of Physical Exercise and its Health Benefits (Age group between 15years to 30years)**

**Note –**

* Attached Template
* Attached the sample model assignment for reference
* Attached marking rubric for assignment
* In-text referencing required
* 2000 words, including reference list