**Holistic needs** refer to the dimensions of a person that must be viewed as an integrated whole, which may include physical, social, emotional, mental, cultural, spiritual, socio-economic, creative, financial and occupational factors.

**People** refers to those accessing services in a health or wellbeing context and includes the family, whānau and natural supports of the person who is at the centre of support. Choose one person or a group of people and their holistic needs to answer the following questions about.

1. **What are two examples of physical needs being met of people you support?**

**Ans: -**

Emotional needs

1. **What are two examples of emotional needs being met of people you support?**

**Ans: -**

#### Social needs

1. **What are two examples of social needs being met of people you support?**

**Ans: -**

#### Cultural needs

1. **What are two examples of cultural needs being met of people you support?**

**Ans: -**

#### Spiritual needs

1. **What are two examples of spiritual needs being met of people you support?**

**Ans: -**

#### Mental needs

1. **What are two examples of mental needs being met of people you support?**

**Ans: -**

#### Socio-economic needs

1. **What are two examples of socio-economic needs being met of people you support?**

**Ans: -**

#### Socio-economic needs

1. **How might a person’s health and wellbeing be affected if their holistic needs are not met? *Include in your answer at least three examples of unmet holistic needs.***

**Ans: -**

1. **How have you considered a person’s holistic needs when providing support?**

***Use examples from your own work to support your answer.***

**Ans: -**

A person’s outlook on their own life

A person’s outlook can be influenced by all the elements in the person’s life which affects their experience, such as their attitude to life, their history, available support networks or the environment they live in.

1. **How might a person’s outlook on their own disability, impairment, condition or situation positively affect their life experiences? *Use examples from your workplace to support your answer.***

**Ans : -**

1. **How might a person’s outlook on their own disability, impairment, condition or situation negatively affect their life experiences? *Use examples from your workplace to support your answer.***

**Ans: -**

1. **How have you considered a person’s own outlook on their disability, impairment, condition or situation when providing support? *Use examples from your own work to support your answer.***

**Ans: -**

#### Stigma, discrimination and a disabling society

1. **How might a person’s experience of stigma, discrimination and/or a disabling society negatively affect their health and wellbeing? *Use examples from your workplace to support your answer.***

**Ans: -**

1. **How have you considered a person’s experience of stigma, discrimination and/or a disabling society when providing support? *Use examples from your workplace to support your answer.***

**Ans: -**

A **community** is a group of people who have something in common eg the deaf community, people living in South Auckland, people living in an Anglican aged-care facility.

1. **How might a community’s experience of stigma, discrimination and/or a disabling society negatively affect that community’s health and wellbeing? *Use examples from your workplace to support your answer.***

**Ans: -**

**Task- 2 -Service delivery models and philosophies.**

Your workplace’s service delivery model

**Service delivery model** refers to the philosophy or approach to support that is applied within a health or wellbeing setting. A service delivery model provides an over-arching set of underlying principles, aims and objectives, operational parameters and reviewable outcomes which direct the nature of support and the way in which it is provided.

Examples of service delivery models used in health and wellbeing settings:

* Strengths-based
* Te Wheke
* Restorative care
* Te Whare Tapa Whā

1. **What is your workplace’s service delivery model?**

**Ans: -**

1. **What principles, aims or objectives is this model based on?**

**Ans: -**

1. **How do you apply this model in your own workplace?**

**Ans: -**

1. **What are the strengths of this model in supporting the holistic needs of people you support?**

**Ans: -**

1. **What are the limitations of this model in supporting the holistic needs of people you support?**

**Ans: -**

1. **What is the second service delivery model?**

**Ans: -**

1. **What principles, aims or objectives is this model based on?**

**Ans: -**

1. **How is this model suitable for the needs of the people it aims to support?**

**Ans: -**

1. **How does this model compare to the model of your own workplace for the holistic needs of people you support?**

**Ans: -**

1. **What is the third service delivery model?**

**Ans: -**

1. **What principles, aims or objectives is this model based on?**

**Ans: -**

1. **How is this model suitable for the needs of the people it aims to support?**

**Ans: -**

1. **How does this model compare to the model of your own workplace for the holistic needs of people you support?**

**Ans: -**